



Report

Proficiency Test - HCort 24/1

Hair Cortisol

Examination period

13-May - 25-Jun-2024

PROFICIENCY TESTING SUPERVISOR

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CREATING OF THE REPORT

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NUMBER PARTICIPANTS

Number of registered laboratories 10
 Number of laboratories reporting results 8

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PREPARATION OF THE SAMPLE MATERIAL

Society of Hair Testing

METHOD OF CALCULATING THE RESULTSCALCULATING OF THE TARGET VALUE

The target value was determined by the *Algorithm A* procedure. This method represents a robust procedure for calculating estimated values. These are derived by iterative calculation.

REFERENCES: DIN ISO 13528:2020 and DIN ISO 5725-5:2002

CALCULATING OF THE Z-SCORE

The difference between measured value and target value is given by the z-score. It is calculated according to the following formula:

$$z\text{-score} = \frac{\text{result} - \text{target value}}{SD_{PT}}$$

SD_{PT} = applied standard deviation of the proficiency test

The accepted range for successful participation is $|z\text{-score}| \leq 2$. The value of the z-score can be interpreted as follows:

Z-score	$ z \leq 2$	$2 < z < 3$	$ z \geq 3$
Interpretation	satisfactory	questionable	unsatisfactory

The z-score was calculated by means of the standard deviation according to Horwitz.

REFERENCE: Horwitz, W. (1982): Evaluation of analytical methods used for regulation of foods and drugs. Anal Chem 54 (1): 67A-76A

SUMMARY OF THE RESULTS

The following is a summary of your results in the proficiency test. The detailed results and further data on the test are listed on the following pages.

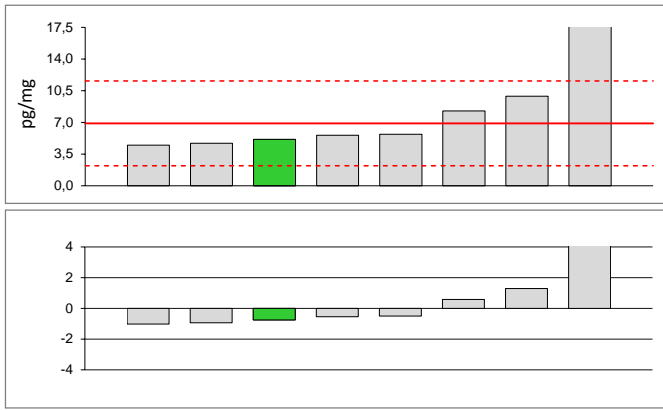
Analyte	Sample	Unit	Target value	Evaluation limits	Your result	Z-score	Passed
Cortisol	A	pg/mg	6,89	2,21 - 11,57	5,124	-0,75	yes
Cortisol	B	pg/mg	7,60	2,52 - 12,68	6,128	-0,57	yes
Cortisol	C	pg/mg	---	≤1,50	0,601	---	yes

Abbreviations

SD = standard deviation
VC = variation coefficient
TV = target value

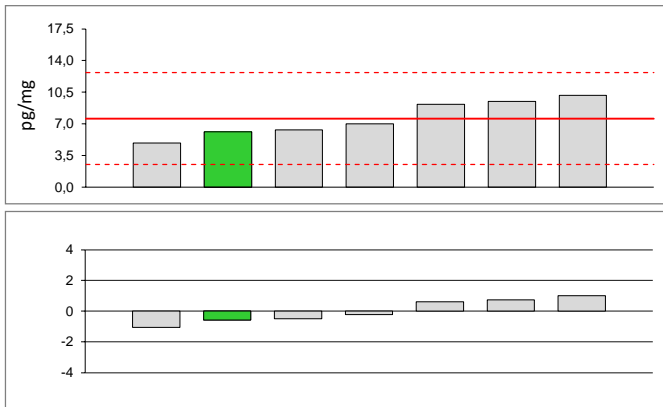
NA = not analysed
ND = not detected

Cortisol sample: A - hair



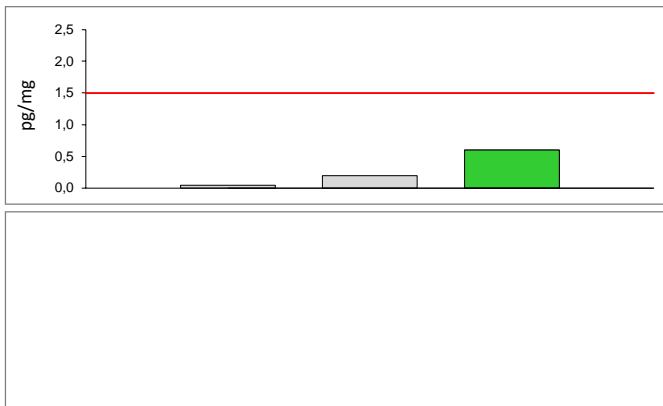
	Total	Method: other
Reported results	8	2
Reported values	8	2
Target value	6,89	34,56
Median	5,65	34,56
SD	2,34 (Horwitz)	41,63
VC	0,34	1,20
Evaluation limits	2,21 - 11,57	
Your result	5,12	
Deviation from TV	-1,77	
Z-score	-0,75	

Cortisol sample: B - hair



	Total	Method: other
Reported results	8	2
Reported values	7	1
Negative results	1	
Target value	7,60	---
Median	7,00	---
SD	2,54 (Horwitz)	---
VC	0,33	---
Evaluation limits	2,52 - 12,68	
Your result	6,13	
Deviation from TV	-1,47	
Z-score	-0,57	

Cortisol sample: C - hair



	Total	Method: other
Reported results	8	2
Reported values	3	1
Negative results	5	
Target value	---	
Median	(0,20)	
SD	---	
VC	---	
Evaluation limits	≤1,50	
Your result	0,60	
Deviation from TV	---	
Z-score	---	

Diagrams

- target value
- - - lower/upper limit

Participant result

- result satisfactory
- result questionable
- result unsatisfactory

Abbreviations

- SD = standard deviation
- VC = variation coefficient
- TV = target value
- NA = not analysed
- ND = not detected

SUMMARY OF RESULTS

Analyte	Sample	Participants		Unit	Target value	SD _p participants	SD _A algorithm A	SD _{PT}		VC	Accepted range
		number	success					prof. test	source		
Cortisol	A	8	7 (88 %)	pg/mg	6,89	20,50	4,57	2,34	Horwitz	0,34	2,21 - 11,57
Cortisol	B	8	7 (88 %)	pg/mg	7,60	2,00	4,02	2,54	Horwitz	0,33	2,52 - 12,68
Cortisol	C	8	8 (100 %)	pg/mg	--	--	--	--	--	--	≤1,50

APPLIED METHODS

Analyte	LC/MS-MS	GC/MS-MS	other
Cortisol	6	0	2

Abbreviations

SD = standard deviation
 VC = variation coefficient
 TV = target value

SD_p = SD of the participants results
 SD_A = standard deviation according to algorithm A
 SD_{PT} = standard deviation of the proficiency test

N = number of included measured values